

My name is Louis Rowe from the Essendon Football Club. So halfway through the season, we've come a long way.

Everybody on our team has some kind of disability and with varying degrees of ability and levels but we've really you know, developed our skills as a team and we're always competitive and we've never said give up.

So the benefits...I guess personally, I've lost a lot of weight since I've started and built some leadership skills.

A couple of the guys have come out of their shell during the season, who were very quiet at the start, but now, you know, they're grabbing marks and kicking goals and they're talking up at training. So yeah, it's great to see.

So during the first half we only won one game, so if we can improve on the last effort and be more competitive and get a bit closer on the score board, that would be great.

AFL Wheelchair has been great in that there's been so many people with different varieties of disabilities and levels come together.

We're all learning from each other, how to make the day better, I guess, and having a great time at the same time.

My name is Marcus Sander, I'm the captain of the St Kilda Wheelchair League Football Club.

I'm actually quite happy with my team's performance. We currently sit third on the ladder, so I'm confident that that we may be in a good position or a chance to make the grand final if we can continue performing as strong as we're performing at the moment.

We've grown every week and become stronger. We've forged some great friendships. It's great to have some new people on board and everyone's working well together.

Now we've got a very, very strong team unity and everyone's there to help everyone else out.

So I'm really, really happy with the way my team has gelled and is performing so far in the competition.

We're developing, continuously, and our hopes are to make the finals and we'll be doing our best and performing at our best to try and achieve that goal.

Next year we may have other teams that jump on board, thus increasing the competition and giving a lot more other opportunities for people with disabilities to play sport at such a high level.

I think it's just an absolutely fantastic thing that's been established for people with disabilities. I love it and, you know, it's only going to grow bigger and stronger as time goes on.