



DISABILITY SPORT & RECREATION | MONTHLY eNEWSLETTER



July 2016 - edition 7

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Do you have a story
for Vortex?

Then get in touch with
Catherine -
catherine@dsr.org.au or call
[9473 0133](tel:94730133).

From the CEO...

As the 2015/16 financial year draws to a close, I want to thank everyone who has supported us throughout the year by donating, volunteering your time, or by participating in the programs and events we run. Without your support, we couldn't help Victorians with disability enjoy better health through sport and recreation.



The past year has seen some significant changes to the organisation. As we enter a new year, we are very pleased to welcome three new members to our board:

- Kristy Spillman, Assistant Director Governance, Policy & Strategy at the Department of Health & Human Services;
- Alexandra Ash, Area Manager / Global Change Agent at YMCA Victoria, and
- Gabriella Cesile, Market Risk Analyst at Energy Australia.

All three women bring considerable expertise and energy to our board and I look forward to working with them as we work to grow DSR and strengthen our membership, advocacy work and programs.

Russell Phillips and Dean Walker, our previous chair, who have served for three and eight years respectively, are stepping down from the board. I would like to thank them for their valuable contribution to DSR.

Last chance to have your say!

Let the Victorian government know about the power of sport and recreation to change lives by sharing your experiences through the *State Disability Plan 2017-2020* website.

The State Disability Plan 2017-2020 is the government's road map for prioritising policies and services to meet our needs.

Help us tell the government that it needs to commit to making accessible and inclusive sport and recreation for people with disability a key priority.

While DSR will be making a formal submission, it's very important that as many people as possible make their own contribution.

You can share your story and make your submission at the [Disability Plan website, www.statedisabilityplan.vic.gov.au](http://www.statedisabilityplan.vic.gov.au).

If you'd like help with your submission, give [Catherine Lander](mailto:catherine@dsr.org.au) a call on 94730 133, or send her an email - catherine@dsr.org.au

Comments and submissions on the discussion paper close on Wednesday 6 July at 5pm.

Bid for a bargain

Thanks to generous sponsors and donors, we have a treasure trove of sporting memorabilia, gift vouchers, sumptuous bathroom products, cycling lights, tickets to the Footy Show, and more to sell for our CyclePower fundraising campaign.

We even have a bean bag up for grabs!

Our CyclePower charity auction is online and closes Sunday 10 July.

The only war we want is a bidding war, so [jump online](#) and get ferocious.

You can look at all the fantastic items available at our [Club Bid page](#):

<http://www.clubbid.com.au/club?id=13928>



Calling all future leaders

The federal election may be over, but we're calling the future leaders of our country to step forward!

Sponsored by the Newsboys Foundation, Carbine Club and Integro, the Future



Leaders Program is for young people with disability to develop leadership skills through sport and recreation.

This three-day personal development camp is a unique opportunity to learn more about yourself and get mentored for a whole year!

When: Friday 23 to Sunday 25 September

Where: Urban Camp, Parkville

Transport funding available, please see registration form for more details

Who: Young people with disability aged 15-18 (if you are outside this age bracket, we will consider your application)

Cost: \$300 - this includes:

- Two nights' accommodation at Urban Camp, Parkville, Victoria
- Leadership education tools and resources
- All sport and recreation activities
- All meals
- Medical and personal care
- 1-to-1 mentoring for 12 months

More info: Email Juliet Ryan, juliet@dsr.org.au

Registrations close 18 July.

[Register for your place NOW!](#)

2016 Hamilton Classic Wheelchair Rugby

The Maddogs have taken out the 2016 Hamilton Classic Wheelchair Rugby Double Round Robin, with a 39-19 victory over the Chiefs, at the Hamilton Indoor Leisure and Aquatic Centre on 3 and 4 June.

Most Valuable Player of the Tournament went to Ol' Mates' Ben Fawcett, who was brilliant all weekend and proved to be a shining light in a tough weekend for his side.

Jayden Warn and Antonio Vecchio were hard to stop in each game and hit the scoreboard regularly to guide the Maddogs to the title.



A bad break for the Chiefs, who were undefeated heading into the final, was losing Andrew Harrison who had been a key playmaker in previous games.

O! Mates rounded out the three team competition, and provided a great contest throughout the weekend.

Fans also got to witness two exhibition games, with the first one involving players of the Australian Steelers who were split into two teams, Australia Gold and Australia Green. Australia Gold got the bragging rights over their team mates with a 39-24 victory.

The second match was Victoria taking on New South Wales, with Victoria getting one over their rivals New South Wales in a nail-biting 40-37 win.

The 2016 Hamilton Classic was supported by Protect, Ace Radio, Southern Grampians Shire Council, and South West Sport.

A big thank you to all the wonderful volunteers who made the competition possible and to our local and interstate players who put on a spectacular show.

By Cohen McElroy

Celebration of a wonderful life

We pay tribute to Marg Angel, a wonderful mother, wife, colleague and friend, who gave so much to the disability sporting community.

Marg, who passed away recently, has left a legacy of many years as a committed volunteer and passionate champion of junior wheelchair sports.

In 2007, she received the prestigious Lord Taverner's Award in recognition of her significant contribution to the development of junior sports and in 2010, along with her husband, Paul, was made a life member of Disability Sport & Recreation.



Marg will be enormously missed and we give our heartfelt condolences to all those who knew and loved her.

New equipment for our library

Our equipment library welcomed a new addition recently - a Top End Force 3 handcycle. This magnificent machine is now available for loan to members, so be the first to take this beauty for a spin.



Please email Tim Nield, tim@dsr.org.au or call [9473 0133](tel:94730133) for more details.

Score! your news

The latest edition of our Score! newsletter is hot off the press. Full of great info about accessible and inclusive activities, member profiles and news, it's a must-read.

[Download your copy now!](#)

WheelTalk takes on term three

WheelTalk in term two proved to be extremely popular and successful, with schools frantically booking in to get a unique glimpse of our disability education program.

Term three is filling fast. Should your school like to participate in the WheelTalk program, please email us at: wheeltalk@dsr.org.au

WheelTalk goes Regional!

Yes, we are visiting the Gippsland region from 30 August to 2 September. If you want WheelTalk to come to your school, please get in touch. Email wheeltalk@dsr.org.au or call **03 9473 0133**.



Multi-faith conference for people with disability

Brought to you by the Uniting Church, the multi-faith conference, Exclusion and Embrace: Disability, Justice and Spirituality, is running from 21-23 August at the Jasper Hotel in Melbourne.

To [register online](#), visit the [conference website](#)

A multi-faith conference:

**'Exclusion
& Embrace:
Disability,
Justice &
Spirituality'**

Darts hope to hit the bullseye

The World Disability Darts Association, based in Cranbourne, wants to put together a Victorian darts tournament.

Anyone interested in competitive darts can email



Carol Forwood carolforwood@bigpond.com, or get in contact through the World Disability Darts website:

<http://www.world-disability-darts.org/index.htm>

Tennis, anyone?

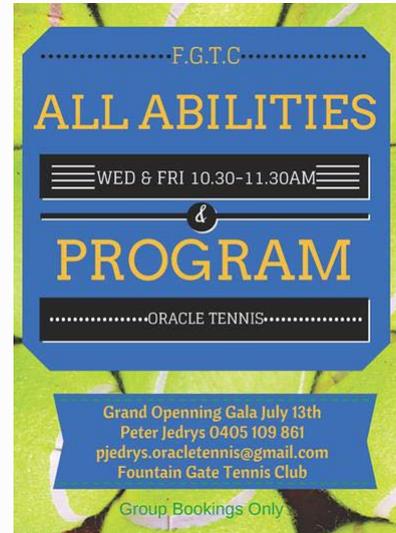
The Fountain Gate Tennis Club is starting an All Abilities Program this July.

Their opening gala event, full of fun activities for people of all ages, is 13 July at 10.30am.

The program, run by Peter Jedrys from Oracle Tennis, will be on Wednesdays and Fridays, 10.30-11.30am.

To book into this great program, call Peter Jedrys on [0405 109 861](tel:0405109861) or email

pjedrys.oracletennis@gmail.com



Wheelchair Football - come and try

Wheelchair Football gives people with physical and multiple disabilities the opportunity to compete in the team sport of football.

It's open to anyone of any age who uses an electric or manual wheelchair. Participants can be assisted by 'pushers' if needed.

Wheelchair Football is running a come-and-try session to kick off their winter season.

When: Saturday 23 July
Time, 1-2pm

Cost: Free

Venue: Springers Leisure Centre, Cheltenham Rd, Keysborough

Registration: FFV All Abilities Project Co-ordinator, [9474 1800](tel:94741800) or email pedwards@ffv.org.au

This is a great opportunity to have some fun and see what Wheelchair Football has to offer!

Guide dogs get into football

Melbourne City Football Club, with the support of

Guide Dogs Victoria, are putting on a football clinic for children who are blind or have low vision.

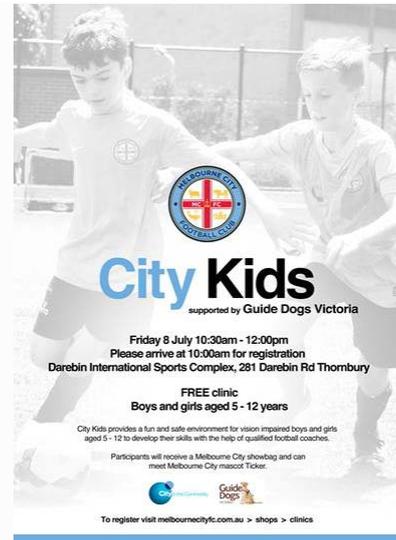
When: Friday 8 July,
10.30am - 12pm
(registration from 10am)

Location: Darebin International Sports Complex, 281 Darebin Rd, Thornbury

Who: Boys and girls aged 5-12 years

Cost: FREE! - [follow link to register](#)

More info: Penny Edwards at Football Federation Victoria, 94741800, pedwards@ffv.org.au



This is a great chance to try football and all participants will receive a showbag and can meet Melbourne City mascot, Ticker!

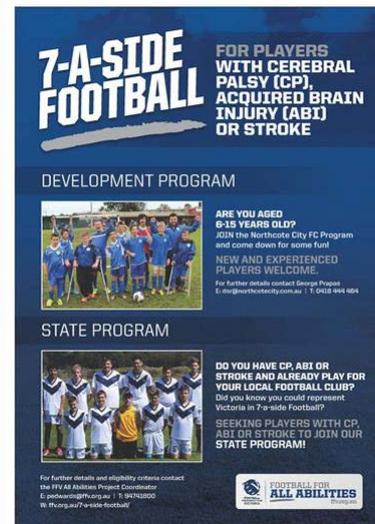
7-a-side football kicks off

7-a-side development program

Join the Northcote City FC program for young people with CP, ABI or Stroke aged 6 to 15 years old. New and experienced players welcome. For information about the 7-a-side development program, email [George Prapas](mailto:George.Prapas@northcotecity.com.au), dsr@northcotecity.com.au or call [0418 444 464](tel:0418444464).

7-a-side State program

Are you someone who has CP, ABI or stroke and already play football for your local club? Well, you could represent Victoria in 7-a-side football. Football Federation Victoria is looking for players to join the state program. For more information, email Penny Edwards, pedwards@ffv.org.au or call 94741800,



Wheelchair basketball school holiday program

Got energy to burn these school holidays? Then get yourself down to Basketball Victoria's wheelchair basketball clinic.

When: Wednesday 6 July,
11am-1pm

Where: Broadmeadows



Basketball Stadium, 1 Tanderrum Way, Broadmeadows

Cost: \$10 - [follow link to register](#)

More info: email Hannah Gentz,
hannah@broncosbasketball.com.au

Passport to Play - taking off soon

We need test pilots!

We are developing a new online challenge that will revolutionise the way you get moving, and are on the hunt for people to help add the awesome.

Passport 2 Play is coming soon and we need young people with disability and parents or carers to participate in the design and testing phases.



Please email Tim Nield, tim@dsr.org.au to express your interest or call [9473 0133](tel:9473 0133) to find out more.

Research submission

We are pleased to have recently partnered with La Trobe University and the YMCA in a submission for a research grant.

The grant will explore the benefits of utilising a buddy to enhance participation for people with disability in leisure centres.

If successful, we will be recruiting volunteers to participate in the research.

We will know if the grant submission is successful late 2016.