



DISABILITY SPORT & RECREATION | MONTHLY eNEWSLETTER



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Stay in touch!

Welcome to the last edition of Vortex for 2014.

Everyone at Disability Sport & Recreation wishes you the best for the festive season and New Year.

We will be closed from Monday 22 December and will re-open on Monday 5 January.



Facebook:
/DisabilitySportAndRecreation

/DSRcyclepower



Twitter:
@disabilitysprt

Victorian Disability Sport & Recreation Awards - winners

Winners of the Victorian Disability Sport and Recreation Awards were announced at an intimate ceremony on Friday 5 December in the Melbourne Town Hall. Congratulations to all the nominees, finalists and winners, whose

contribution to their chosen fields is immeasurable. Without their dedication, energy and professionalism, Victoria wouldn't enjoy its reputation of being a leader in accessible sport and recreation.



For a full list of winners, visit the DSR Festival [Awards page](#). For photos from the awards ceremony, visit the [DSR Festival photo gallery](#). If you'd like high-resolution versions of any of the photos, please email Catherine@dsr.org.au.

Disability Sport & Recreation Festival - highlights

www.dsr.org.au
www.scoredsr.org.au

The Disability Sport & Recreation Festival is over for another year. We would like to thank all the exhibitors who helped make Federation Square such an exciting hub of accessible activity on 3 December, and all the POP IN Program hosts for opening their doors.



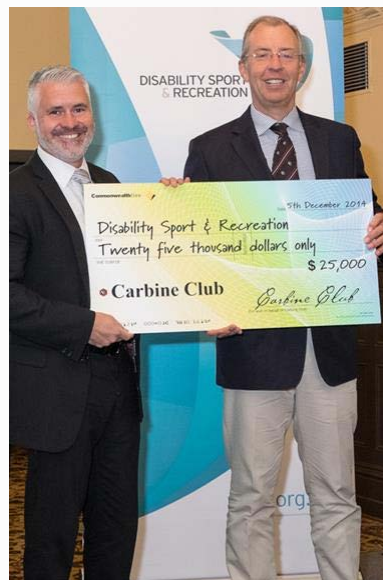
Don't forget to put 3 December 2015 in your diaries, when the DSR Festival rolls back into town. To get early notice on next year's events, email festival@dsr.org.au and ask to be added to the Festival update list.

For photos from the big community day, visit the [Festival website gallery](#).

Carbine Club support a game-changer

The Carbine Club announced their commitment to growing the DSR Kids program with a major donation of \$25,000. This sponsorship was announced at the Disability Sport & Recreation Awards on 5 December.

For the past five years, the Carbine Club have generously supported DSR through sponsorship of the Awards, our annual festival and other initiatives. This significant investment will enable us to make a real impact on the health outcomes of children with disability, as we expand our innovative DSR Kids program to the Monash Children's Hospital and beyond.

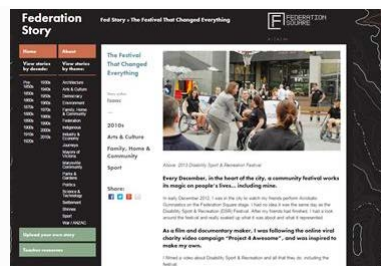


Our sincere thanks to the Carbine Club for their ongoing commitment to improving the health outcomes of young Victorians with disability.

Pictured left to right: DSR Chief Executive Officer Rob Anderson with the Carbine Club's Andrew Cannon.

The Festival that Changed Everything

Our annual Disability Sport & Recreation Festival opens



people's eyes to the wonderful world of physical activity – it's a celebration of movement. Now, the magical quality of the Festival has been turned into a story on the

Federation Story website curated by Fed Square. Watch Isaac's video, The Festival That Changed Everything, and put the date for next year's Festival in your diaries... 3 December!

<http://www.federationstory.com/the-festival-that-changed-everything/>

Jeremy Long inducted as Life Member of DSR

Jeremy Long was inducted as a Life Member of DSR at the Life Members' and Supporters' end of year function on Sunday 14 December. He received his award from DSR founding member, former Chair and long-time friend, Kevin Coombs OAM.



Jeremy, who has been a member of Disability Sport and Recreation for more than 20 years, served as Chair of the Board of Directors for seven years, and has been a Director for more than 12 years. A well-rounded sportsman, he raised the profile of wheelchair tennis in Australia, and in 2012 cycled 380km across Cambodia for the second annual CyclePower fundraiser.

Congratulations, Jeremy, we are honoured to have you join the ranks of Life Members.

Annual Report now online

The Disability Sport & Recreation Annual Report has gone digital this year. Fully responsive, so you can read it on any device, this report gives an overview of our programs, the reach of the organisation and key financial information. With video and other interactive elements, it's an easy way to follow the DSR journey.



Visit <http://annualreport2014.dsr.org.au/>

Join Score! for a chance to win an iPad mini

Score! is now up and running, so sign up now to have a say in how sport and recreation programs are delivered throughout Victoria.

Through Score! you can search for inclusive activities, rate programs and venues, and share your feedback with other Score! members as well as the venue operators and service providers.

If you sign up before 31 January 2015, you will automatically be in the running to win an iPad mini.

Not sure that Score! or physical recreation is for you? Hear what these young people have to say about how sport has changed their lives in this [Score! promotional video](#).



DSR members to represent Australia at IBD Worlds

Alison Meakin and Paul Kirton will be representing Australia at the International Bowls for the Disabled World Championships in New Zealand in February next year.



Disability Sports Australia is fielding a team of 14 athletes across B5 to B8 classification for IBD 2015. Anyone with an interest in bowls needs to put 16-27 February in their diaries.

We will cover the competition from Hutt City to bring you the results in the March edition of Vortex.

Aussie Rules for everyone with Coburg FIDA

The Coburg Football Club is a member of the Football Integration Development Association (FIDA). Their FIDA program introduces people with an intellectual disability to Australian Rules Football (AFL) and they currently have two teams competing.



At Coburg FIDA, success is not defined by the number of games won, but by the progress the players make in co-ordination, movement and confidence. Their philosophy is that the physical and social skills developed on the footy field are valuable in everyday life.

They promote, develop and manage the team relevant to the skill level of each individual, allowing them to become the best they can be as a participant in the sport and as part of a team.

For more information [email](mailto:coburgfida@hotmail.com) Club coordinator, Deanna - coburgfida@hotmail.com.

Chanukah celebration and lawn bowls

Maccabi Victoria All Abilities are holding their annual lawn bowls and Chanukah celebration on Sunday 21 December at 3pm in the Armadale Bowls Club. For more information, visit [their website](#).

Glen Eira Rangers play again in 2015

The Glen Eira Rangers will continue next year, with their first training session on Sunday 8 February at 10am.

In 2015 they expect to play games against other teams and aim to be part of the Reagan Milstein Foundation Community Football day on Sunday 18 October.

For more information, visit the [Glen Eira Rangers website](#).

GLEN EIRA
ALL ABILITIES FOOTBALL CLUB

Glen Eira All Abilities Football Program

Glen Eira Rangers – Dare to be different...

Are you interested in football (soccer)?
All Abilities Welcome
All Genders Welcome
All Ages Welcome from 8 - 80yrs
FREE try-out session

For more information go to www.gleneirasoccer.com.au/rangers

Fortnightly Sessions
WHERE:
Extreme Football,
Caulfield Park,
288 Robinson Road, Caulfield.

Every Second Sunday
10am-11am

Endorsed and Supported by

Cerebral Palsy Support Network - summer update

Camp Sharp

The April camp was a huge success, so they are ensuring it's an ongoing program option for all CPSN members. They are organising another camp for 2015, so stay tuned for further details.

Health and Fitness program

CPSN has developed a great health and fitness program for 2015. It will run on a rotating roster of different exercise classes including yoga, boxing, Tai Chi, hydrotherapy as well as strength training. The program will be based in both the eastern and northern regions. Participants will be given the option of attending health and wellbeing classes conducted by a qualified nutritionist providing a wealth of information and experience.

Gymbaroo program

Another new program in 2015 is for the littlest members. 'Gymbaroo-ing with CP' will be tailored specifically for infants and pre-schoolers with CP, with the aim of making early intervention fun.

For more information, visit the [CPSN website](#).