



DISABILITY SPORT & RECREATION | MONTHLY eNEWSLETTER



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State Budget: Inclusion out, sports integrity and facilities in

We believe there's a missing link in the State Budget. A focus on inclusion and educating service providers about how to best support participants is a simple, cost-effective way to help more people with disability take part in sport and recreation. [Read more...](#)

Will you Run Melbourne?

When you Run Melbourne on July 27th make your efforts count. Join Team Disability Sport & Recreation and you can help us to continue to assist Victorians with disability to get active and participate in sport. Set yourself a goal, enter the 3km kids event, 5km run/walk/push, 10km push/run or Brooks half marathon and start training! [Read more...](#)



One month til CyclePower

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Just over one month until our CyclePower team travels to Thailand to cycle 600kms! We'll be linking up with the Thai Cycling for Health Association and Phuket Special Development School. You'll be able to follow our journey online. [Read more...](#)



Live in Northeast Victoria? Find out what's on

Live in Northeast Victoria? There are plenty of sports you can try! Whether you're interested in joining a team sport or an individual sport, there's a program for you. The Centre Active Recreation Network is a Regional Sports Assembly working within the community to ensure there are sport and recreation opportunities for all. [Read more...](#)



New ten week accessible cycling program

A new ten week Accessible Cycling Program aims to get people active and involved in cycling. This program is open to people of all abilities and participants can attend as many or as few sessions as they like. Each session will focus on the development of bike skills and will offer links to cycling clubs for further cycling opportunities. [Read more...](#)



Learn to sail

Ever wanted to experience the freedom of being on the water? The University of Melbourne in partnership with the Royal Talbot Rehabilitation Centre are researching the effectiveness of physical sailing simulators

on dry land to help people with spinal cord injury start sailing on water. [Read more...](#)



Reagan Milstein Community Football Day

The Reagan Milstein Community Football Day is a day for the football community to come together in the spirit of inclusion to play football. Register your team for the 5-a-side tournament. [Read more...](#)



Inclusive basketball program in Collingwood

Collingwood Basketball Club has a basketball program for boys and girls aged 5 - 18 years with special needs who wish to play basketball in a fun, friendly and supportive environment. [Read more...](#)



Victorian Table Tennis Championships for Athletes with Disability

The Victorian Table Tennis Championships for athletes with disability will be held in late July. New players are welcome, with divisions for all levels. There will be local and national coaches in



attendance and great prizes to be won. [Read more...](#)

National Paracycling Champions crowned in Echuca

Australia's best paracyclists battled it out through rain and fog at the 2014 Cycling Australia Paracycling Road National Championships in Echuca last month. Congratulations to all riders who took part in the event.



Victoria was strongly represented in the Championships. The Australian Team for the UCI Para-cycling World Road Championships has been announced, including four Victorians. [Read more...](#)

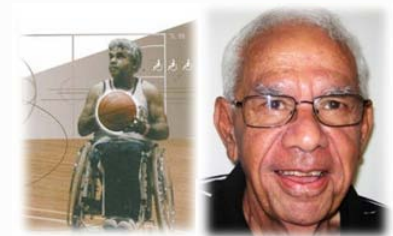
Develop your wheelchair basketball coaching skills

Broadmeadows Basketball Association in conjunction with Basketball Victoria is running a FREE introductory coaching course in wheelchair basketball. [Read more...](#)



We celebrate our past to reach one million Victorians with disability

52 years on, founding member and Paralympian Kevin Coombs's passion for sport is as strong as ever. [Read more...](#)



Thank you Upstream

The Upstream Foundation has made a significant contribution to our work helping kids with disability take part in sport and recreation over the past three years. Thank you to all Upstream Challenge participants, volunteers and the Upstream team for making this possible. [Read more...](#)



Contribute to Vortex

Vortex is one of Disability Sport & Recreation's key communication channels. Published articles communicate programs, events, and initiatives promoting positive health outcomes for Victorians with disability through participation in sport and recreation. [Read our Editorial Policy and deadlines here.](#)

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