

DISABILITY SPORT & RECREATION | MONTHLY ENEWSLETTER





May 2016 - edition

Let's get social...

Like us on

Facebook

Follow @disabilitysprt to join the conversation on Twitter!

Like CyclePower on Facebook

See you on Instagram... we are @disabilitysportandrec

Search our free directory of all things sport and recreation... Score!

Do you have a story for Vortex? Then get in touch with Catherine catherine@dsr.org.au or call

9473 0133.

Wheelchair Aussie Rules National Championships

Victoria was the proud host of the first ever Wheelchair Aussie Rules National Championships, playing against representative sides from South Australia. Tasmania. RSL Veterans and two teams from the Australian Defence Force.

The wheelchair version of our national sport was just as fast paced and physical as the traditional game and attracted the interest of AFL living legend Ron Barassi.

Mr Barassi was invited to toss the coin for the bronze medal playoff and he staved to watch the game until the final siren.

Victoria won five of its six matches, before going down to South Australia by 20 points, 52 to 72.





Congratulations to the Victorian team:

Richard Amon

- Judeland Antony
- Orfeo Cecconato
- Caleb Logan
- Michael McFawn
- Pat McKay
- Matthew Morris
- Marcus Sander
- Brendan Stroud (coach/player)

We are in discussions with AFL Victoria on developing the sport further, so if you would like to play, please get in touch. Email <u>Tim@dsr.org.au</u> or call 9473 0133.

Inspire Awards

Congratulations to Rob Crestani and Mark Soyer who were winners of the inaugural Inspire Awards.

The Inspire Awards are an initiative of the Funds in Court (of the Supreme Court of Victoria) with the support of the Transport Accident Commission, Women with Disabilities Victoria and the Portland House Foundation.

They recognise the achievements of those with a disability in their chosen fields of law, human rights, architecture, advocacy, community



work/volunteering, innovation, medicine and research, performing arts, policing and journalism.

Rob Crestani was awarded for his contribution to Goalball, recognising his efforts to grow and develope the sport at a community, state, national and international level.

Mark Soyer was awarded for his contribution to Disabled Wintersport Australia, in particular his training of para-skiers, design of adaptive ski equipment and his individual sporting achievements.

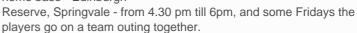
(Pictured: Mark Soyer with DSR Chairman, Rob Anderson)

Sandown Cobras - fun footy with bite

Recently, Lew Short,
President of the All Abilities
Team, got in touch with us.
He's looking for players with
disability to join his beloved
Sandown Cobras All Abilities
team to learn and play
modified Aussie Rules
football.

Both male and female players aged between 14-30 are welcome to join.

Small light training sessions run every Wednesday and Friday nights at the Cobras' home base - Edinburgh



The season is built on 10 games (5 home / 5 away) between April and August, with the finals in September.

Membership is \$150.00 per player.

For more information, please email Lew Short: lewatmel@netspace.net.au



Last year we ran a competition to find the name of a new program we are developing. One of our young members, Jack, took out the top prize. Recently he got in touch and his email was so awesome, we thought we'd share it with you.



Hi Tim.

This is Jack. Last year I won the Game naming competition and you sent me a Rebel Sport voucher. Thanks for that. You asked me to send you a photo of what I bought. I shared the voucher with my sister, and I bought a mouth guard for Footy and my sister got a colourful netball. I hope you like the photo.

I really love sport – all sport! I thought you might like to know that I was elected as School Sports Captain for my House this year. I think it is pretty cool that my friends don't really see me as having a disability and are proud of all my sports medals.

I'm also very proud at the moment because I won the School State Swimming Championships in Freestyle and Backstroke. I am classified as a S10 swimmer with disability. I also made it through to the Divisional School Cross Country and Athletics, running with all the able body kids.

Thanks again for my voucher!

Jack

2018 Gold Coast Commonwealth Games

The largest integrated parasport program in Commonwealth Games history will be staged during the Gold Coast 2018 Commonwealth Games (GC2018).



The Minister for the

Commonwealth Games, Stirling Hinchliffe MP and The Minister for Disability Services, Coralee O'Rourke MP made the announcement at a special morning tea media event at South Bank in Brisbane, alongside a number of elite para-sport athletes.

As a sporting movement committed to equality, para-sports are an integrated and wholly inclusive part of the Commonwealth Games daily sports program and medal table.

The landmark GC2018 para-sport program has been developed by GOLDOC in consultation with the Commonwealth Games Federation (CGF) and international sports federations to showcase the best para-sport events and athletes.

We will share with you GC2018 announcements as they are made, through this newsletter.

DSR Kids gets bendy at Monash

Last month, Gymanstics Victoria came out to the Monash Medical Centre with us, to introduce the children in the DSR Kids program to their sport.

Bronwyn, from MYC Gymnastics who led the session, made sure all the



children had as much fun as possible while learning some of the basic techniques that even elite gymnasts use.

"The session went really well with the kids. Our coaches loved the opportunity to teach the kids new skills – they definitely enjoyed themselves," she said.

Thanks to MYC Gymnastics, Gymnastics Victoria and all the DSR Kids for a super time.

If you know a child who would benefit from joining this unique hospital program, please email Juliet@dsr.org.au or call 9473 0133.

The faces of CyclePower - Belinda Curro

If you are from Wangaratta, there is a good chance you

have met Belinda Curro.

If you haven't come across her yet, keep an eye out on the roads, as she has started training for CyclePower 2016.

Belinda has consistently beaten the odds to be notching up her fourth CyclePower challenge when she joins the team in Cambodia.

With her trademark mix of humour and dogged determination, Belinda is looking facing the challenge with a smile.

Read more about the determined Belinda Curro



We are excited to announce that Disabiltiy Sport & Recreation has been successful in forming a partnership with Sport and Recreation Victoria under the 2016 – 2019 Supporting Victorian Sport and Recreation Program, to support the growth of wheelchair rugby and the capacity building of Victorian disability sport and recreation organisations.

We will expand the development pathway for wheelchair rugby into new regions, providing greater participation opportunities for players and support staff while continuing to deliver all existing programming for the sport.

We will additionally form and administer a Victorian Disability Sport and Recreation Organisations Committee. Working in partnership, we will help to build the capacity of these organisations to enhance sustainable sport and recreation options for Victorians with disability and provide co-ordinated dialogue between government and these organisations.

If you think your organisation would benefit from being on this committee, please contact the committee secretary, Tim Nield Tim@dsr.org.au or call 9473 0133.

Star in our webinar!

We are looking for active people with disability and their physiotherapists to participate in our annual webinar, produced in partnership with the Australian Physiotherapy Association, to educate physios on their role in supporting clients with disability to gain the benefits of participation in sport and



recreation.

People of any age, any disability and active in any sport or recreation are welcome to express interest.

We will be filming in early July. All you have to do is commit to a one hour phone interview with our Health Promotions Officer, Juliet Ryan, and a half-day of filming in Melbourne.

In this year's webinar, we want to illustrate the grassroots pathway to engagement in disability sport and recreation, exploring the benefits, barriers, how the physio supported their client, and highlight the client's experience.

If you'd like to know more, or want to be part of creating this important educational tool, call Juliet Ryan on 9473 0133 or email juliet@dsr.org.au.

AAA Play Sports Carnival

Friday 13 might be unlucky for some, but you're in for some good luck if you get along to the AAA Play sports carnival.

The carnival is a day of of inclusive sports, fun activities and a free BBQ lunch.

When: Friday 13 May, 10am

- 2pm

Where: Melbourne Sports & Aquatic Centre (MSAC) Aughtie Drive, Albert Park More info: 1800 222 842 <u>aaavic.org.au</u>



DSR Kids winter camp - register now!

Join us for another fantastic DSR Kids Winter Camp at Falls Creek!
Be part of the fun and excitement zipping down ski runs with experienced instructors and trying out adaptive ski equipment with new friends and fun, friendly



camp leaders!

What you need to know:

Who? Kids aged

between 7 and 17 with a physical disability
 When? Friday 15 – Sunday 17 July 2016
 Where? Howman's Gap, Falls Creek Victoria
 Cost? \$530.00 approximately and includes:

- 2 nights' accommodation
- All meals
- Accessible transport
- Qualified on-snow and off-snow staff supervision
- · Medical and personal care
- All equipment hire
- Ski clothing and ski lessons

The Oli E Foundation kindly sponsor one deserving camper to attend the DSR Kids Winter Camp - for more information on how to apply follow the <u>Register Now</u> link.

A wonderful winter sport experience awaits you...

REGISTER NOW!

Expressions of interest close on 30 May.

For further information please contact Tim Nield, Manager - Programs, on 03 94730133 or tim@dsr.org.au

It was Sportacular

On 17 April, Bayside City Council hosted its first Sportacular event, a free event for families of children with a disability to connect with local sports and activities.

Our CEO, Richard and Project Coordinator, Lauren spent a sunny afternoon at Elsternwick Park, sharing information about our equipment library and Score!, our online directory of all things sport and recreation.





A highlight of the day was a

special performance by the BAM Allstars dance crew - a dance and movement school open to people of all abilities, with dedicated classes for 7 to 14 years, teens to twenties, and adults.

Thanks to Bayside City Council, City of Kingston, Glen Eira City Council, City of Port Phillip and City of Stonnington for pulling

together this fun, physical and informative event.

Talent search for Tokyo

The Australian Paralympic Committee and sporting partners are staring the search for the next generation of athletes to with the potential to represent Australia at the Tokyo 2020 Paralympic Games.



The Talent 4 Tokyo Program is coming to Victoria on Satuday 14 May.

Who should attend: Individuals from age 10 with a physical, vision, or intellectual impairment not currently involved in Parasport or those who are looking to transfer into a different Parasport.

When: Saturday, 14 May, 11am - 3pm

Where: Essendon Football Club, 275 Melrose Drive, Tullamarine **Register your interest at:** www.paralympic.org.au/programs/talent-

4-tokyo

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