



DISABILITY SPORT & RECREATION | MONTHLY eNEWSLETTER



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Recycle your preloved adaptive sports equipment so others can be active too

Have an old wheelchair basketball chair laying around? Tennis wasn't your thing? Next time you clean out your garage, please consider donating your old adaptive equipment to DSR, to help others get involved in sport. [Read more...](#)



See you at the Daily Living Expo

We're bringing sport and recreation to the Daily Living Expo! Visit us at the Expo on Friday 14 May to see a range of sports equipment, speak to our team about what's out there and play some wheelchair basketball. [Read more...](#)

[Learn the skills of the world game in Mildura](#)

[DSR team members named finalists for Victorian Disability Sector Awards](#)



Meet the Hydens

The Hyden family are not afraid of a challenge! They are gearing up to cycle 600km through Thailand for DSR's annual CyclePower ride. [Read more...](#)



Miniroos vision impaired soccer

Blind Sports Victoria is conducting two six week junior football (soccer) programs for boys and girls who are vision impaired between the ages of 5-12. [Read more...](#)



Beat the winter blues at our Junior Ski Camp

Tired of spending your dreary wintery days at home? Learn to ski on our Junior Winter Ski Camp. Expressions of Interest open now! [Read more...](#)



Endeavour Hills Leisure Centre a

LaunchPad for inclusion and health

Just 18 months ago, climbing a ladder was almost impossible for two 10-year-old boys with autism. Now, the twins are trampolining and somersaulting their way to better coordination, balance and fitness through an inclusive gymnastics program. [Read more...](#)



Try wheelchair curling

Did you see wheelchair curling at the Paralympics? Now you can try the sport! Introductory programs are run by the Victorian Curling Association at the Icehouse, Docklands. [Read more...](#)



Hamilton Wheelchair Rugby Classic, proudly supported by ACE Radio and Protect

Not long to go until our wheelchair rugby players go head to head with other states in the Hamilton Wheelchair Rugby Classic. The event is free to the public. [Read more...](#)




National Powerchair Football Championships

A team of Victorians recently travelled to Sydney to compete in Hockey, Balloon Soccer and Rugby League at the National Electric Wheelchair Sports Championships in Sydney.



[Read more...](#)

Learn the skills of the world game in Mildura

Would you like to join the  basic skills of soccer? Mallee Sports Assembly in partnership with Football Federation Sunraysia is offering an introductory program in Mildura. [Read more...](#)

DSR team members named finalists of Victorian Disability Sector Awards

Congratulations to Sam Bramham and Darren Pickering, both announced finalists for this year's Disability Sector Awards! [Read more...](#)