



DISABILITY SPORT & RECREATION | MONTHLY eNEWSLETTER



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Do you have any stories,
events or programs that

The conversation is getting serious - message from the CEO

Victorians with disability deserve a bigger say in what is accessible, inclusive sport and recreation. Because we know what's best for us. We know what we'd like to do, why, when, where and who with. So contributing your feedback, ideas and concerns is vital. That's why we've created programs like Score! which help us understand what Victorians with disability need to take part in sport and recreation and to identify where there are gaps and duplication... [read more](#)

Australian cycling star appointed DSR Ambassador

Professional cyclist, physician and former national champion. Bridie O'Donnell has been appointed Disability Sport & Recreation Ambassador. Already a strong voice for cycling in Victoria, she is passionate about getting people more active, especially those with disabilities.



Dr O'Donnell, said she was looking forward to working with Disability Sport & Recreation (DSR) to help change negative attitudes towards people with disability participating in sport and

you would like to share?
Get in touch! Email
Catherine@dsr.org.au or
call 9473 0133.

active recreation, break down barriers to participation and open up opportunities for all Victorians... [read more](#)

Run Melbourne with us

The iconic Run Melbourne is one of the biggest and best fun runs in the country, and with the starter's gun set for Saturday 27 June, it's just around the corner.

If you don't want to run alone, then join the Team Protect / DSR crowd... [read more](#)

Protect



Parks Victoria launches accessible canoeing

Parks Victoria with the help of kids from Mildura Specialist School officially opened Victoria's first all-accessible floating canoe launcher at Psyche Bend in Kings Billabong Park, Mildura on 4 March... [read more](#)



Wheelchair handball needs you

If you're wanting to try something a little different, the guys and gals from the Darebin Wheelchair Handball club want to hear from you.

For more information about how the game is played and who to contact, [read on...](#)



Score! a victory for all Victorians

with disability

Score! has been slowly growing since it went live on 3 December last year. So far, more than 1000 different programs have been added and there a new users signing on every day.

To celebrate, we would like to invite you to the official launch of Score!

When: Thursday 16 April, Thursday, 16 April from 3.15pm to 3.45pm

Where: Deakin Cats Community Centre, Simonds Stadium

RSVP: Please follow the [Eventbrite link](#), email score@dsr.org.au or call 9473 0133.

Haven't been on Score! yet? Check out these two videos to understand what the buzz is all about. Feel free to share them with family and friends.

[30-second Score!](#)

[4-minute Score!](#)

Have a kick with Dawson Simpson and Jared Rivers

If you're under 25, have a disability and live in the Geelong region, then we want you.

To celebrate the official launch of Score! we are holding a footy clinic for young people with disability.



Run by AFL Victoria and DSR, with special guest appearance by **Jared Rivers** and **Dawson Simpson** from the Geelong Cats, the clinic will be an hour of fun, free giveaways and free kicks.

When: Thursday 16 April, 3.30pm to 4.30pm

Where: Kardinia West Oval, Geelong

RSVP: Tim@dsr.org.au

Score is proudly supported by nib foundation, Collie Foundation, Appleby Real Estate and the Felton Bequest.

MCG upgrade flush with success

Just in time for the start of the footy season, the upgrade to the MCG's toilet facilities has been unveiled.

The most famous stadium in Victoria now has a '*Changing Places*' accessible toilet with a height-adjustable, adult-sized changing bench, a tracking hoist system, space for two people and a safer and cleaner environment.

To read the media release on the '*Changing Places*' announcement, visit the [Premier's website](#).

These sorts of facilities are essential for many Victorians with disability to have the independence they are entitled to. DSR congratulates the government on their actions.

We encourage our members to visit the MCG, try the new toilet facilities, and let us know whether you think they got it right. Are they truly accessible? You tell us.

Raising the roof for CyclePower

Get ready to swing, sister, swing! Soul, funk and blues band, The Jackson Four are playing at DSR Headquarters to raise money for CyclePower.

When: Saturday 18 April, 2pm to 8pm

Where: DSR HQ, 341 George Street, Fitzroy

Cost: \$20 at the door



DISABILITY SPORT & RECREATION AND CyclePower PRESENTS
FUNDRAISER EVENT
For.. Laos Disabled People's Association

GROOVE • BLUES • JAZZ • SWING

THE JACKSON FOUR
Playing 2 SETS

MICHAEL CROWE

Sausage sizzle \$5 Beers
Entry \$20 at the door

SATURDAY 18TH APRIL, 2 TO 8PM
341 GEORGE ST, FITZROY

As..16 riders, 6 with disability, ride 500km around Laos in 8 days

The Blues Brothers revue

Here's one for the Blues Brothers fans... The Official Blues Brothers Revue is performing one night only at the Palms at Crown, and we've got two tickets for sale!



Visit the [Crown website for details](#) on the show, then email Karla@dsr.org.au to put in your bid.

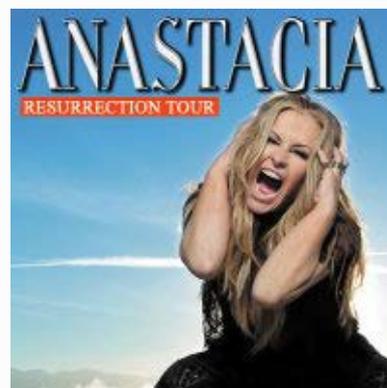
Make us an offer Jake and Elwood couldn't refuse.

Anastacia sings for CyclePower

For one one night only, on her first Australian tour.

To raise money for CyclePower 2015, Lennard Promotions & Gold 104.3 have donated two free tickets to Anastacia's concert at the Palais Theatre on 7 May.

Valued at \$270, these tickets are available to the highest bidder. Contact Karla Wingall, Manager Fundraising and Events with your offer - karla@dsr.org.au or 9473 0133.



Bidding closes Friday 1 May.

Active April

Did you eat too many chocolate eggs over Easter? We can help you burn off those calories by helping you get Active this April.



Our Sport Rec Access programmer will work with you individually to find an activity that suits your interests and abilities.

Give us a call - 1800 BE IN IT (23 46 48) or email sra@dssr.org.au.

Have you signed up to the [Premier's Active April](#)? We would love to know how many of our members are involved and whether the activity tracker has changed your exercise habits. Get in touch with us - Karla@dssr.org.au